

Your next congress in 2025 - **SAVE THE DATE!**

# 55th Annual Congress

The European Association for Behavioural and Cognitive Therapies

**EABCT** 

European Association for  
Behavioural and Cognitive Therapies

**SEC** Scottish  
Event  
Campus

Glasgow

**3–6 September 2025**



**BABCP**  
www.babcp.com

hosted by

**British Association for Behavioural and  
Cognitive Psychotherapies**

Next year BABCP has been given the opportunity and privilege to host the 55th Annual EABCT Congress which we will be combining with BABCP's annual conference. The European congress is always a great success as it brings together and welcomes CBT friends and colleagues from all its 60 CBT Associations in 44 countries in Europe and across the world to join together.

The last time BABCP hosted the EABCT Annual Congress was in 2004 in Manchester and we look forward to seeing you in Glasgow where you will be treated to a truly international scientific programme matched only by the unique Scottish hospitality you will experience in Glasgow.

**Co-Chairs: Congress Organising Committee**

Kevin Noon, Glasgow  
Rod Holland, London

**Co-Chairs: Scientific Programme**

Jo Daniels, Bath  
Simon Blackwell, Germany

*Supported by BABCP Conference Programme Group  
and the European (EABCT2025) Scientific Committee*

**Scientific Programme Administrator**

Milly Robinson (eabctassistant@eyas.co.uk)

**Professional Conference Support**

EYAS Ltd (eabct@eyas.co.uk)

**IMPORTANT DATES**

7th September: Launch at EABCT Congress in Belgrade

7th October: Call for papers opens

9th December: Keynotes and Pre-congress workshops  
announced

**2025**

6th January: Registration opens

28th February: Call for symposia, skills classes, etc. ends

31st March: Open paper and poster submissions ends

2nd May: Outline programme announced

16th June: Provisional programme with times

30th June: Early bird registration ends



Scan the QR Code to keep up to date with information or visit the congress website **[www.eabct2025.org](http://www.eabct2025.org)**